

Thursday, Sept 26, 2024

1pm - 4pm **Pre-Con - Birth Injuries & Risks: Navigating Complex Birth Decisions***
Taryn Hallam, PT

4pm - 5:30pm **Early Registration & Happy Hour**

Friday, Sept 27, 2024

6:45am **Registration, Breakfast**

8:00am **Welcome & Conference Kick-Off**
Nicole Cozean, PT, DPT, WCS
Jessica Reale, PT, DPT, WCS

8:30am **“A Biopsychosocial Approach to Returning to Sport & Exercise Postpartum”**
Gráinne Donnelly, PT, BSc(Hons), MSc, POGP

“Hypermobility & Pelvic Health: Connecting Tone, Stiffness & Pain”
Bill Taylor, MSc PT, Grad Dip Adv Manip Therap (Canada)

Break

“OAB: The Mensa Test for Pelvic Rehab Pros”
Taryn Hallam, PT

12:00pm **Lunch - Vendor Hall Open!**
Biz Owner’s Lunch w/ Jessica & Nicole*

1:30pm **“Beyond the Beam: Post- Pelvic Rehabilitation Considerations”**
Alex Hill, PT, DPT, OnCS, WCS, CLT-LANA

“PCOS: Demystifying the Hormonal Web”
Yeni Abraham, PT, DPT

Break

**“Pelvic Floor Dysfunction & Lower Back Pain:
A Tale of an Unexpected Relationship”**
Sinéad Dufour, PT, PhD

**“Central Sensitization, Inflammation & Coaching Skills:
What’s our Role?”**
Michelle Lyons, PT, MISCP

5:20pm **Closing & Adjourn**

5:30pm **Happy Hour**

**Add-Ons*



Saturday, Sept 28, 2024

- 6:45am **Breakfast**
- 8:00am **“Technology for Pelvic Health: Gimmick or Gold?”**
Sinéad Dufour, PT, PhD
- “My Patient Still Leaks! What Now? Clinical Realities for Supporting Female Return to Sport”**
Gráinne Donnelly, PT, BSc(Hons), MSc, POGP
- Break*
- “The Nuts & Bolts of Prostate Cancer: Pre & Post Rehabilitation- Maximising Outcomes”**
Jo Milios, PT, BSc, PhD, MACP
- Ask Me Anything Panel Discussion**
All PelviCon 2024 Speakers
- 12:00pm **Lunch - Vendor Hall Open!**
- 1:30pm **“IBS, IBD and Hormones... What’s the Connection?”**
Michelle Lyons, PT, MISCP
- “Uterine Fibroids: Does Pelvic Rehab Have a Role?”**
Yeni Abraham, PT, DPT
- Break*
- “Navigating Pelvic Neurology: Diagnostic Strategies & Cutting Edge Treatments”**
Bill Taylor, MSc PT, Grad Dip Adv Manip Therap (Canada)
- “Tucking & Binding: Unpacking the Role of Pelvic Rehab”**
Alex Hill, PT, DPT, OnCS, WCS, CLT-LANA
- Closing**
5:15pm Nicole Cozean, PT, DPT, WCS
Jessica Reale, PT, DPT, WCS
- Happy Hour!**
5:30pm
- Close-Out Dinner***
7:00pm

Sunday, Sept 29, 2024

- 8am - 12pm **Post-Con - Menopause Mastery for Pelvic Rehab Providers***
Michelle Lyons, PT, MISCP

**Add-Ons*