

PELVICON 2026 AGENDA

FRIDAY, SEPT 25, 2026

- 6:45AM** • Registration, Breakfast
- 7:45AM** • Welcome & Conference Kick-Off
Nicole Cozean, PT, DPT, WCS
Jessica Reale, PT, DPT, WCS
- 8:05AM** • Beyond Cancer Treatment: The Essential Role of Pelvic Health Rehabilitation
Michelle Lyons, PT, MISCP
- Should 'Possible Levator Avulsion' Change Our Early Postpartum Approach?
Taryn Hallam, PT
- Break
- Disrupting the System With Low-Hanging Fruit
Rachel Rubin, MD
- Disrupt Your Practice!
Jessica Reale, PT, DPT, WCS
- 12:00PM** • Lunch – Vendor Hall Open!
- 1:30PM** • Beyond the Squeeze: Ultrasound and Precision in Male Pelvic Floor Care
Paul Hodges, PhD, MedDr, DSc, Drhc, BPhy(Hons)
- What the Compression? The Science of PF Support Garments
Gráinne Donnelly, MSc, BSc(Hons), PGcert
- Break
- Scarred for Life? Not On Our Watch!
Katherine Sylvester, PT, DPT
- Endometriosis Decoded (Pt 1): What's New, What's Changing & What Matters Most
Amy Stein, DPT, BCB-PMD, IF
- 5:30PM** • Adjourn & Happy Hour!

SATURDAY, SEPT 26, 2026

- 6:45AM** • Breakfast
- 7:45AM** • Distilling Diastasis: Separating Fact From Fiction With Current Evidence
Gráinne Donnelly, MSc, BSc(Hons), PGcert
- Maternal Mortality Will Die With the Use of Data
Katherine Sylvester, PT, DPT
- Break
- Spirit in Session: Towards Whole Person Pelvic Healthcare
Sinéad Dufour, PT, PhD
Panelists: Yeni Abraham, Shelly Prosko, Lynn Schulte
- 11:45AM** • Ask Me Anything Panel Discussion
Featuring All PelviCon 2025 Speakers
- 1:15PM** • Lunch – Vendor Hall Open!
- Disrupt Your Practice!
Nicole Cozean, PT, DPT, WCS
- Rethinking Women's Back Pain: Why Pelvic Health Matters
Michelle Lyons, PT, MISCP
- Pain Phenotyping in Pelvic Health: Can Identification of Pain Mechanisms Help us to Match the Right Treatment to the Right Patient at the Right Time?
Paul Hodges, PhD, MedDr, DSc, Drhc, BPhy(Hons)
- Break
- Endometriosis Decoded (Pt 2): Rehab After Excision Surgery
Amy Stein, DPT, BCB-PMD, IF
- Coital Incontinence and Female Ejaculation: Separating Fact From Fiction
Taryn Hallam, PT
- 5:30PM** • Closing
Nicole Cozean, PT, DPT, WCS & Jessica Reale, PT, DPT, WCS
- 5:45PM** • Happy Hour!
- 8:00PM** • PelviCon After Hours: 5 Year Celebration*



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GAME-CHANGING
TALKS



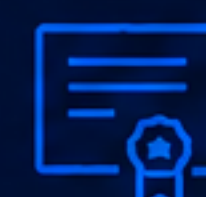
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WORLD-CLASS
SPEAKERS



1,200+
IN PERSON &
LIVE VIRTUAL
ATTENDEES



LIFETIME ACCESS
TO THE RECORDING



14.25
CONTACT HOURS
CEU CERTIFICATE